

## Wednesday, February 1, 2023

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### Let's Talk Youth Program

Date and Time: Wednesday, February 1 04:30 p.m. - 7:30 p.m.

Address: Kitchener Public Library, 85 Queen Street North, Kitchener ON N2H 2H1

Let's Talk is a newcomer youth program that explores your career goals and community through the arts such as drawing, video, music, poetry, and more! Also, you can gain volunteer hours, win prizes, meet new people, practice English, meet with career mentors and have fun! Our Winter session is free for newcomer youth ages 14-21 and will be held at the Kitchener Public Library (85 Queen Street North, Kitchener ON N2H 2H1) weekly on Wednesdays from 4:30 to 7:30 pm, starting February 1st and ending March 22nd.

Registration is now available for youth through this link: <https://forms.gle/aRTTrJxKLTZtGWEae7>

## Tuesday, February 7, 2023

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### Webinar: Upgrade your Job Search Techniques

Date and Time: Tuesday, February 7 01:00 p.m. - 2:00 p.m.

Address: Virtual on GoToWebinar

Join Lutherwood for a virtual presentation with a combination of videos, discussions, and other interactive elements for this to be a great learning experience. We'll also have a staff member available for questions as we go and to talk about the services that we have in more detail.

Registration is available at <https://attendee.gotowebinar.com/register/396347982047608149>

## Wednesday, February 8, 2023

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### Let's Talk Youth Program

Date and Time: Wednesday, February 8 04:30 p.m. - 7:30 p.m.

Address: Kitchener Public Library, 85 Queen Street North, Kitchener ON N2H 2H1

Let's Talk is a newcomer youth program that explores your career goals and community through the arts such as drawing, video, music, poetry, and more! Also, you can gain volunteer hours, win prizes, meet new people, practice English, meet with career mentors and have fun! Our Winter session is free for newcomer youth ages 14-21 and will be held at the Kitchener Public Library (85 Queen Street North, Kitchener ON N2H

2H1) weekly on Wednesdays from 4:30 to 7:30 pm, starting February 1st and ending March 22nd.

Registration is now available for youth through this link: <https://forms.gle/aRTrJxKLTZtGWEae7>

## **Tuesday, February 14, 2023**

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### **Valentine's Dessert & Jam**

Date and Time: Tuesday, February 14 02:00 p.m. - 4:00 p.m.

Address: At the Johnson Centre – 31 Kribbs St

On Tuesday February 14<sup>th</sup> from 2:00 PM-4:00 PM, the Ted Wake 50+ Centre will be hosting a Valentine's Dessert & Jam. Enjoy a social afternoon with old and new friends. There will be Valentine's desserts and you can sing your heart out with the music jam guitar players and musicians.

Ted Wake Centre Fee: \$6.00

At the Johnson Centre – 31 Kribbs St

Info: 519-740-4681 ext. 4460

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## **Wednesday, February 15, 2023**

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### **Let's Talk Youth Program**

Date and Time: Wednesday, February 15 04:30 p.m. - 7:30 p.m.

Address: Kitchener Public Library, 85 Queen Street North, Kitchener ON N2H 2H1

Let's Talk is a newcomer youth program that explores your career goals and community through the arts such as

drawing, video, music, poetry, and more! Also, you can gain volunteer hours, win prizes, meet new people, practice English, meet with career mentors and have fun! Our Winter session is free for newcomer youth ages 14-21 and will be held at the Kitchener Public Library (85 Queen Street North, Kitchener ON N2H 2H1) weekly on Wednesdays from 4:30 to 7:30 pm, starting February 1st and ending March 22nd.

Registration is now available for youth through this link: <https://forms.gle/aRTrJxKLTZtGWEae7>

## Friday, February 17, 2023

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### Youth Trip To See Legally Blond the Musical

Date and Time: Friday, February 17 05:00 p.m. - 9:00 p.m.

Address: pick up and drop off at W.G. Johnson

Join City of Cambridge Youth Programs for an evening out to see the Drayton Youth's Presentation of Legally Blonde the Musical. Fee includes bus leaving from the W.G. Johnson Centre at 530 and will return there after the play is over.

## Saturday, February 18, 2023

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### Cambridge Farmers' Market

Date and Time: Saturday, February 18 07:00 a.m. - 1:00 p.m.

Address: 40 Dickson St,

Ask yourself a few simple questions....

- Do you have a favourite food?
- Is there a food you don't like?
- Do you have a comfort food that gives you a warm fuzzy or good memory?
- Do you have a friend or colleague that has introduced you to a food you had never tried before?

Our hope is that you answered, "Yes," to all of the above questions, and that's what we love about food: It is a common bond we all share, a single thread that when talked about, brings to mind all sorts of stories and experiences that we can share.

Farmers' markets are a centre of commerce and socializing, a venue for combining old with new and a place for new ideas to be explored and celebrated.

The Cambridge Farmers' Market (CFM) is our community food hub. It is where residents gather to talk about

food and community happenings. It's where awareness is built and the beginnings of change takes place.

The CFM dates back to the 1830s with the current market building holding its seat on Dickson Street since 1887. The presence of the market in conjunction with other civic structures, the Town Halls, is an English tradition that is as relevant today as it was when the market was built.

The CFM building's continued use as a market is unique in Ontario. While other markets either remain outdoors only or have had their original buildings converted for other uses, the CFM has continued to flourish in its original location in its original building for its original intended use and this should be celebrated.

As you explore the market, the sweet and spicy aromas of hot prepared foods and snacks will tempt you, along with an extensive selection of cheeses, chutneys, pies, confections, specialty oils, preserves, and seasonal fruits and vegetables.

A wide range of local growers and food producers can supply you with all your needs from savoury appetizers to mouth-watering desserts.

Our market wouldn't exist without those dedicated vendors, some of whom have been a part of our team for over 50 years. They arrive in the snow and in the rain, or in the heat of summer, often setting up as early as 3:30 in the morning and many don't pack up until more than 12 hours later.

We have 26 year-round vendors and 30 seasonal vendors, averaging 56 vendors at the peak of the market season, who supply approximately 35,000 shopper visits each year.

You can learn more about our vendors by visiting the vendor directory on our website, [cambridgefarmersmarket.ca](http://cambridgefarmersmarket.ca).

The Cambridge Farmers' Market is open Saturdays from 7 am to 1 pm, year-round. It is located at the corner of Ainslie Street and Dickson Street, in the heart of downtown Cambridge, and parking is available nearby.

For more information, visit [cambridgefarmersmarket.ca](http://cambridgefarmersmarket.ca)

## **Cambridge 50th Winter Levee**

Date and Time: Saturday, February 18 11:00 a.m. - 3:00 p.m.

Address: Cambridge City Hall 50 Dickson St. Cambridge ON

Join us Family Day weekend to celebrate Cambridge's 50th with Mayor Liggett and Cambridge City Council. Free ice skating, disco party DJ, ice sculpture carving, and food trucks. Saturday February 18th 11am-3pm.

## Wednesday, February 22, 2023

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### Webinar: Building your Personal Brand

Date and Time: Wednesday, February 22 09:30 a.m. - 10:30 a.m.

Address: Virtual on GoToWebinar

Stand out from the crowd in sharing what makes you unique. This is a great way to show your confidence to employers, which will help you quickly land your next role.

Registration is available at <https://register.gotowebinar.c...>

### Let's Talk Youth Program

Date and Time: Wednesday, February 22 04:30 p.m. - 7:30 p.m.

Address: Kitchener Public Library, 85 Queen Street North, Kitchener ON N2H 2H1

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### Youth Creativity Fund Launch

Date and Time: Wednesday, February 22 05:00 p.m. - 7:00 p.m.

Address: Ken Seiling Waterloo Region Museum - 10 Huron Road Kitchener, ON N2P 2R7

**Join us as we celebrate the launch of the Youth Creativity Fund! Idea by idea we will fund the creativity needed in this region!**





Join us for the launch of the Youth Creativity Fund on February 22nd!

You'll be able to hear from the students who have accessed the funds and how they put the money to use for their exciting projects.

Students, educators, and parents looking to learn about how to participate in the Youth Creativity Fund are welcome. Local businesses interested in supporting the fund and youth serving organizations in Waterloo Region wanting to know more are also invited to come.

There will be an ice cream creation station as well as complimentary access to the museum. CHILDREN WELCOME. Sign up for FREE on Eventbrite:

<https://www.eventbrite.ca/e/youth-creativity-fund-launch-tickets-516757053257>

## **Thursday, February 23, 2023**

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### **Cambridge 50+ Active Living Fair**

Date and Time: Thursday, February 23 01:00 p.m. - 5:00 p.m.

Address: Hespeler Arena Beehive Hall, 640 Ellis Road West, Cambridge

The Cambridge 50+ Active Living Fair will have exhibitors who will offer a variety of information on activities, products and services for an active lifestyle. Hosted by the Cambridge 50+ Recreation Centres the fair will also feature demos, seminars and snacks. Free admission and parking.

## **Saturday, February 25, 2023**

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### **Cambridge Farmers' Market**

Date and Time: Saturday, February 25 07:00 a.m. - 1:00 p.m.

Address: 40 Dickson St,

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For more information, visit [cambridgefarmersmarket.ca](http://cambridgefarmersmarket.ca)

## **Tuesday, February 28, 2023**

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### **Webinar: Managing your Emotions at Work**

Date and Time: Tuesday, February 28 01:00 p.m. - 2:00 p.m.

Address: Virtual on GoToWebinar

Whether it's starting a new or first job or dealing with long-term coworkers it's ok to feel many emotions when at work. This webinar will share information, resources, tools, and strategies to help you reflect and grow in how you can effectively manage and process your feelings in professional settings.

Registration is required: <https://attendee.gotowebinar.c...>

<https://calendar.cambridge.ca>